



Abraham's Table of Long Island

"Come together and listen." Genesis 49:2

How Can We Constructively Communicate With One Another When We Disagree?

In person - Sunday, May 7, 2023 - 4:30-6:00 PM

(Registration preferred but not required: email Richard Koubek at
rkmicahli@gmail.com)

**Suffolk Y Jewish Community Center
74 Hauppauge Road, Commack**

**Presenter: Denise Ham
Human Relations/Anti-Bias Trainer**

Are you avoiding difficult conversations when you sense disagreement? Do you often remain silent when you feel you should speak up? Do you sometimes speak up and then regret what you said?

This program will help you disagree with someone yet remain civil by:

- Respecting the dignity of the other person
- Listening before speaking
- Understanding the context of the moment
- Assuming the best in the person with whom you disagree
- Being assertive but not aggressive

The program will provide:

- Jewish, Christian and Muslim and other perspectives on civil discourse
- Opportunities for audience participation and personal application of techniques for civil discourse